



info@ydslifescience.com

Effervescent tablets are designed to release carbon dioxide upon contact with water, promoting their disintegration. Within a couple of minutes the tablets completely dissolve and the supplements becomes available in palatable solution.

we are committed to providing end to end service in every step of development, manufacturing, packaging, distribution and regulatory compliance.



**Drop  
Fizz &  
Drink**



# Apple Cider vinegar



**Helps Manage Weight**  
Consuming ACV keeps you fuller for longer which reduces cravings & over eating which can decrease intake.



**Boosts Metabolism**  
ACV contains acetic acid which helps increase the activity of enzymes hence boosting our metabolism.



**Improves Digestion**  
ACV is naturally acidic & it helps balance stomach acids which reduce bloating & gas in our tummies.

Apple Cider-Vinegar Extract | Pomegranate extract | Vitamin B12 & Vitamin B6 

Apple Cider Vinegar Extract & Garcinia 60% HCA Extract 

ACV (6% Acetic acid) | Garcinia Ext. (60% HCA) | Pectin Fibers | Pomegranate Ext 5:1  
Vitamin B6 & Vitamin B12 

Apple Cider Vinegar Extract | Garcinia 60% HCA Extract | Green Tea Extract  
Green Coffee Bean Extract | Pomegranate Extract | Vitamin B12 & Vitamin B6 

Apple cider vinegar (6% Acetic acid) | Pomegranate extract | Vitamin B6  
Vitamin B12 | L Carnitine | Inulin (Chicory Root Fibre) | Garcinia Cambogia & Beetroot extract 



**Apple, Watermelon, Orange & Lemon Flavour**

# APPLE CIDER *vinegar*

WITH L- CARNITINE

Helps to effectively Burn Fat & Convert  
Stored Fat into Cellular Energy.

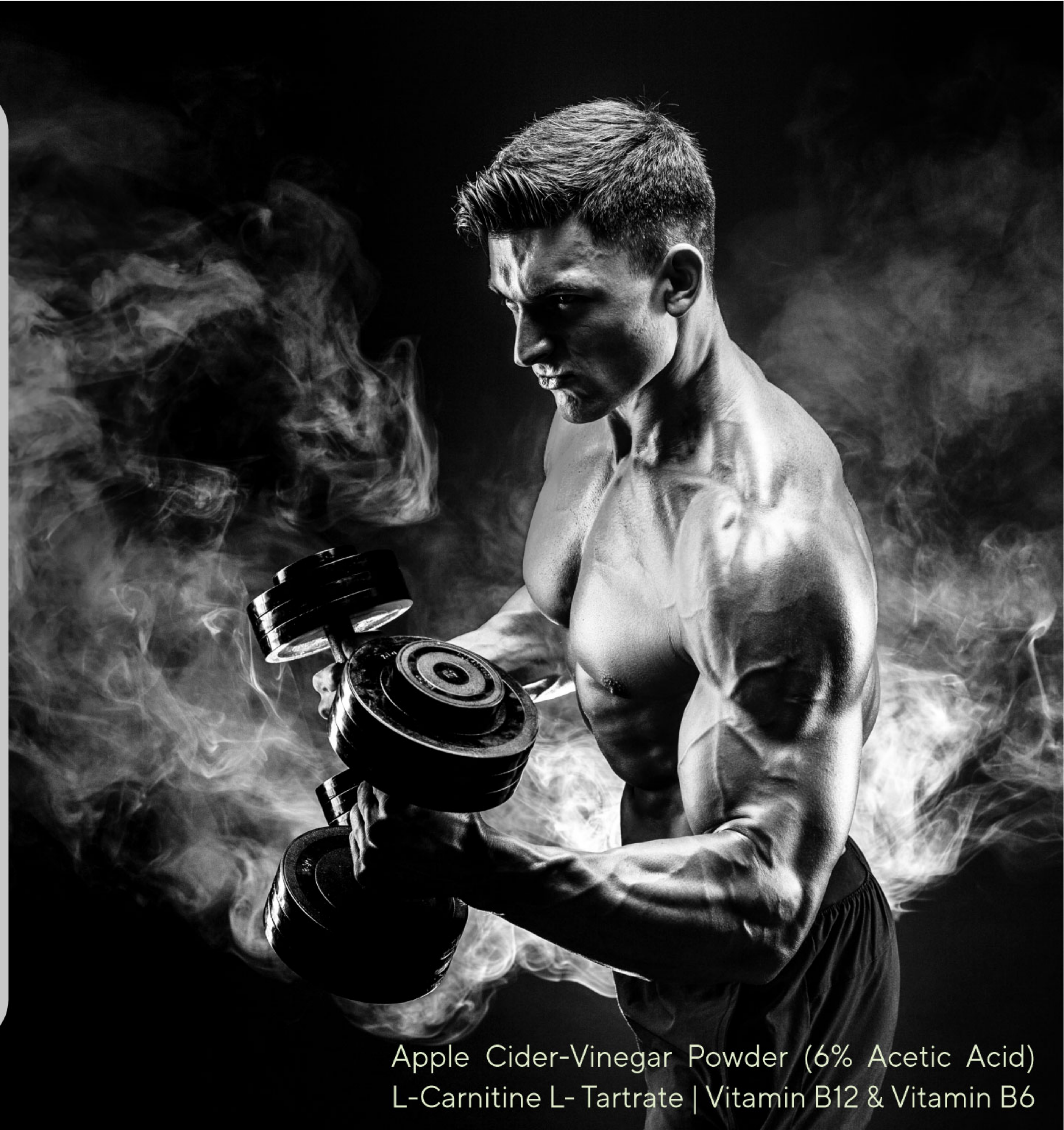
L-Carnitine promotes Fatty Acid  
Metabolism & Transports it to the  
muscles where it is burned.

Supports Weight Management  
& Energy Production.

Powered By:



Carnipure® is a register trademark of  
Lonza Ltd. Switzerland



Apple Cider-Vinegar Powder (6% Acetic Acid)  
L-Carnitine L- Tartrate | Vitamin B12 & Vitamin B6



# Amla

## EXTRACT

**For Skin Dilemmas:** Amla will prevent premature skin aging. Eating Amla daily will detox and give youth to the skin.

**Amla for Hair:** Amla is great for hair growth. Internal consumption of Amla will help to purify the blood and enrich hair follicles.

**Amla for diabetes:** With its great Phenolic contents and Vitamin C, Amla effectively prevent the formation of pancreatitis, and regulate sugar level in the blood.

**Amla for Indigestion:** Daily Amla will keep your stomach much happier. Amla contains great fiber content to help bowel movement.

Phyllanthus Emblica L. Ext. (Amla)  
Zinc (as sulphate) | Vitamin C





# ashwagandha



ANXIETY



ENERGY



SLEEP



STRESS

Ashwagandha is one of the most effective natural supplement that can help with muscle gams.

Ashwagandha helps in reducing stress and boost your muscle mass, muscle strength, stamina and recovery.



Sunpure Ashwagandha is a powerful adaptogen derived from the roots of the Withania somnifera plant to provide optimal efficacy and bioactive diversity.

Withania somnifera extract (Ashwagandha): 500 mg  
N- Acetylcysteine (NAC): 400 mg | Vitamin C: 40 mg

## What is Ashwagandha?



Ashwagandha is a plump shrub with yellow flowers and oval leaves.

Also Known As  
Withania Somnifera  
Indian Ginseng  
Indian Winter Cherry  
Gooseberry.



It is a member of the nightshade family (just like tomatoes).



# BRAVO

Natural and safe Solution  
for Premature Ejaculation

Enhances Libido, Erection and delay ejaculation

5.1x increase in IELT\* in Human Clinical Study

Clinically proven

## STUDY OUTCOMES

Efficient in:

Increasing the IELT\* by 5.1 fold

Found to be Highly safe

Increasing the free testosterone levels by 194%

Increasing the testosterone levels by 155%



Ashwagandha Root Extract (5%)  
Brahmi Extract (Becope monnieri)  
Bhringraj Extract (Eclipta Prostrata)  
L-Arginine | Vitamin D3

# CaHMB

Calcium HMB: 1.5 gm | Vitamin D3: 600 IU

for those who make activity,  
exercise and nutrition  
their way of life.

## Active Lifestyle

Those who make activity, exercise, and nutrition their way of life.

## Healthy Aging

Aging adults who want to stay active, avoid injury & maintain mobility, physical independence, and quality of life in later years.

## Performance-Driven

Motivated athletes who want to train smarter & get a competitive edge in power, strength, & performance.

## Clinical Nutrition & Recovery

Those looking to maintain muscle mass, reduce recovery time & improve strength following illness, injury, or surgery.



# CALCIUM

Bone Support | Muscle Support | Joint Support

Calcium carbonate is elemental form of calcium. Elemental calcium is the amount of calcium that is actually used by the body.

Elemental calcium is the pure form of calcium and calcium carbonate is known to have 40% elemental calcium. It helps to provide strength and structure to the skeleton.

Calcium citrate is another form of calcium but only contains 21% element calcium.



**Bone Support**



**Muscle Support**



**Joint Support**



Calcium as Calcium carbonate | Magnesium  
Vitamin D3 | Vitamin C | Vitamin B6 | Vitamin K



# COLD & FLU SHIELD

Helps to Prevent  
common  
Cold and Flu

Coough, Cold & Flu  
Relieve Formula

Natural  
Ingredients to  
improve Immunity

Improves  
overall health

Keep Respiratory  
System Clear

Natural Ingredients  
to Improve Immunity



Vitamin C



Ginger



Tulsi



Cinnamon



Amla



Amla Extract (as Embelica L Officinalis), Ginger extract (as gingibar officinale ext), Vitamin C, Black pepper(as Piper nigrum), Tulsi Leaf powder (as Ocimum tenuiflorum), Echinacea (as Echinacea purpura), Dalchini (Cinnamomum zeylanicum) , Sat pudina (as Mentha piperata)

# CURCU ENERGY

Powerful formula to  
strengthen immune system

Synergetic Action Curcumin  
Black Pepper, Ginger &  
Zinc to Improve overall health

Helps to protect  
against common illness

Curcumin, 100 times more effective than turmeric helps fight cancer, ageing, inflammation and more. Yet, not all are equal. Meet the only Curcumin that is 100% water-soluble, 100% bioavailable, & therefore most efficient, created with a unique patent-pending formulation method and nanotechnology



Curcuma Longa L. Extract (Turmeric contains 45% curcuminoids),  
Vitamin C (As ascorbic acid), Zingibar Officinale Extract (Ginger),  
Zinc, Piper Nigrum (Black pepper)

# ELECTROLYTE

Powered By  
Caffeine & Taurine

Helps Prevent Dehydration

Helps Provide Instant Energy

Helps Replenish Salts

Helps Regulate Electrolytes Level

Helps Maintain Fluids Balance

Helps Provide Optimal Hydration

The level of electrolytes become too low or too high depending upon amount of water in the body.

The amount of water that you take in should equal the amount you lose.

Potassium supports Electrolyte Balance in the body.

Potassium | Magnesium | Sodium  
Vitamin C | Calcium | Chloride



# Fat Burn

## Apple Cider Vinegar

Helps Manage Unwanted Cravings

Apple Cider Vinegar which is known to help manage untimely hunger cravings by increasing satiety levels or delaying gastric emptying.

## Green Coffee Extract

For the natural antioxidant support

This advanced formula offers you the goodness of Green Coffee & Chromium Picolinate which as per studies, has been shown to boost the body's natural fat metabolism that accelerates your fat loss goals.

## L- Theanine

Helps Boost Natural Fat Burning

which helps boost your body's natural fat-burning process, helps manage fat loss while providing you with a fizzy experience with delicious mixed berries flavour.



(Green Coffee & Apple Cider Vinegar Extracts) For Fat Burning, Weight Loss, Management, Boost Metabolism

# Gluta NAC

L-GLUTATHIONE | N-ACETYLE L-CYSTEINE

VITAMIN C & E

## SKIN GLOW & RADIANCE

### Glutathione

Glutathione, the naturally-found antioxidant that detoxifies your liver, improves your immune, respiratory and nervous systems, and boosts the levels of vitamin C and E in your body.

### Vitamin C

A powerful immunity booster, Vitamin C is a water-soluble vitamin that isn't actually produced by your body.

### N-Acetyle L-Cysteine

NAC is necessary to make and replenish glutathione. Glutathione is one of your body's most important antioxidants - compounds that help neutralize free radicals that can damage cells and tissues in your body.



Support  
Anti Ageing



Promotes Skin  
Glow & Radiance



Reduce Darkspots  
& Malanin



Collagen Booster  
for Skin Elasticity





# Green Coffee



## Green coffee The visceral fat blocker

Green coffee bean extract is the unroasted form of coffee bean that contains a high amount of chlorogenic acid.

Research shows that chlorogenic acid inhibits visceral fat accumulation, has anti-inflammatory and cardiovascular protective properties, and increases insulin sensitivity.

*The Journal of Nutrition, Volume 138, Issue 12, 1 December 2008, Pages 2309-2315,*

It Lowers  
Blood Pressure



It Has Anti-Aging  
Effects

It Helps You  
Lose Weight

It May Reduce  
Your Cholesterol

It Improves  
Your Skin



It May Help  
Prevent Cancer

Green Coffee bean extract (Containing 50% Chlorogenic acid)  
Natural caffeine | Vitamin B12 (as Cyanocobalamin)  
Vitamin B6 (as Pyridoxine HCL)





Supports nail strength & reduces breakage.



Assists in glowing & moisturised skin, reduces rashes & blemishes.



Helps strengthen follicles increases growth & volume, reduces breakage & fall. nourishes & repairs issue.





# HEALTHY GREEN

Healthy Start of day



Increase Oxygen Level



Helps Belly Bloat



Helps Weight Loss



Supports Bone Health



Relieves Stress



Protect Brain



Promotes Skin Glow & Radiance



Helps Balance Blood Sugar



Supports Healthy Glowing

Super Green Blend, (Spirulina, Wheatgrass, Spinach, Alfa Alfa, Barley Grass, Moringa, Chlorella, Aloe vera, Broccoli, Ashwagandha), Lemon Grass, Fruit Extract Blend, (Acerola Cherry, Blueberry, Raspberry, Blackberry, Acai berry, Pomegranate, Noni, Goji berry, Grape seed, Mango), Vitamin C, Vitamin B3, Vitamin B6, Vitamin B12, Vitamin B5





# PRO MAGNESIUM

## MAINTENANCE BLOOD PRESSURE

Opens blocked nerves and vessels, Supports healthy heart, Helps to handle stress, Improves immunity and strength handle stress better by elevating their stress threshold considerably.

## HELPS IN CONSTIPATION

Supports timely ovulation  
Improves egg growth quality  
Strengthens reproductive system  
Improves uterus environment for conceiving  
Prevents early pregnancy loss  
Improves chances of conceiving in AMH.

## FOR MUSCLE LEG CRAMPS

Help increase blood flow to muscles because of essential minerals like Fulvic Acid which result in enhanced oxygen levels for intense and long workouts. Help improve stamina during any workout.

## HELPS IN MIGRAINE

Helps In The Regeneration Of Insulin-Producing Islet Cells That Helps To Lower Your Blood Sugar Levels. Reduce The Desire & Consumption Of Sweet Foods. Helping To Balance The Amount Of Glucose In Your Bloodstream.



Magnesium (As Magnesium Citrate/Oxide/Glycinate) | Vitamin B6 | Zinc | Beta Carotene



# MULTIVITAMIN multimineral

**DAILY NUTRITIONAL  
SUPPORT**



Immune  
Support



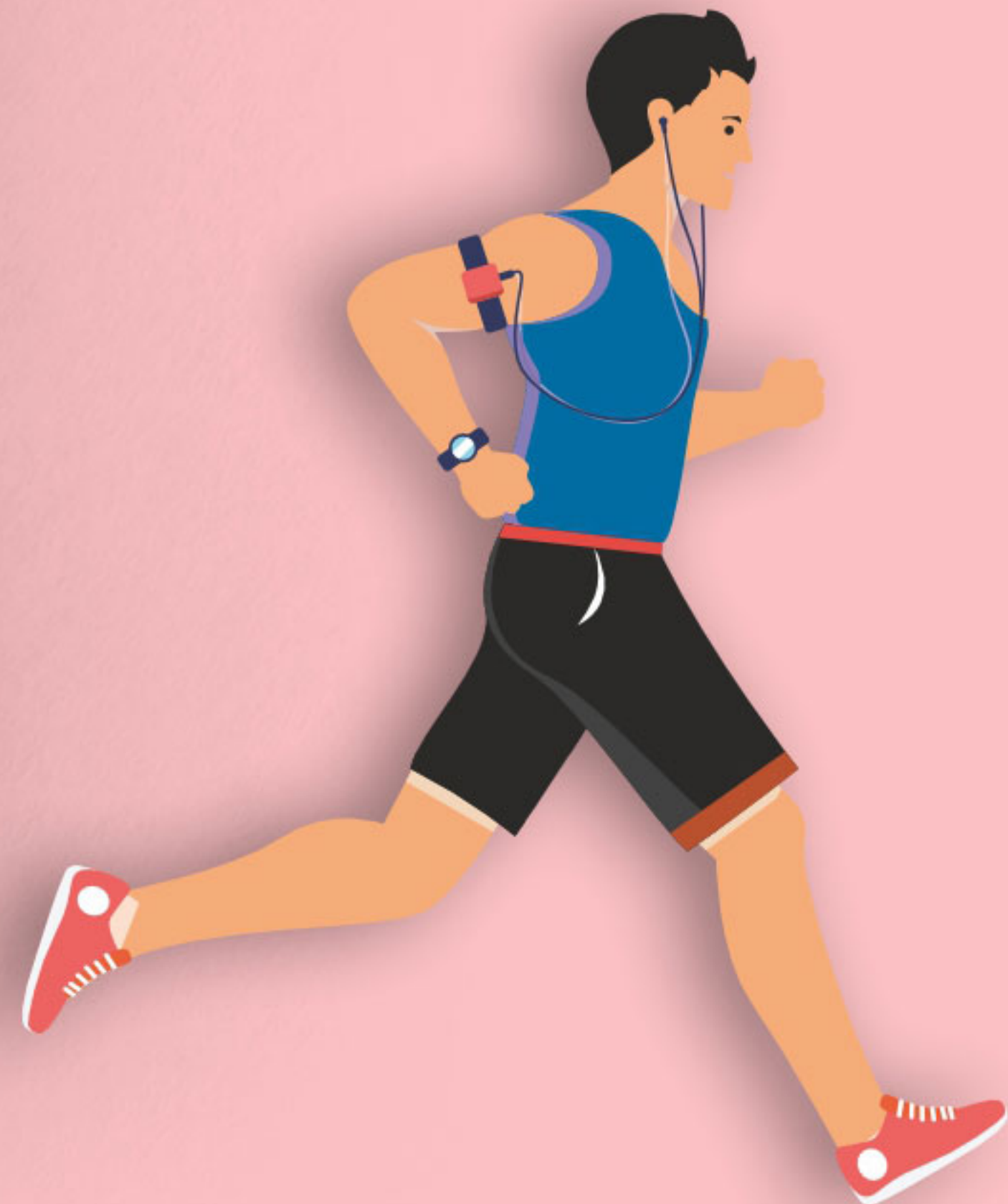
Energy  
Balance



Healthier  
Bones



Overall  
Wellbeing



Vitamin A (2667IU) | Vitamin D (200IU) | Vitamin E (26IU)  
Vitamin C | Thiamin (Vitamin B1) | Riboflavin (Vitamin B2)  
Niacin (Vitamin B3) | Vitamin B6 | Vitamin B12 | Biotin  
Pantothenic Acid (VITAMIN B5) | Vitamin K | Calcium | Iron  
Zinc | Copper | Manganese | Selenium | Citrus Bioflavonoids  
Coenzyme-Q10 (CoQ10) | Panax Ginseng | Ginseng extract  
(Containing Ginsenoside 3.4mg ) Green Tea Extract  
& Folic Acid

Vitamin A | Vitamin C | Vitamin E | Vitamin D | Vitamin K  
Vitamin B1 | Vitamin B2 | Vitamin B3 | Vitamin B5 | Vitamin  
B6 | Vitamin B7 | Vitamin B9 | Vitamin B12 | Manganese  
Zinc | Selenium | Magnesium | Giloy | Milk Thistle | Caffeine  
Ginseng | Extract | Copper | Iodine | Chromium | Cranberry  
Hyaluronic | Acid | Grape | Seed Extract | Lycopene | Green  
Tea Extract | Ashwagandha & Turmeric

# LUNG CARE

## N-ACETYL CYSTEINE

- 1** Essential for making the powerful antioxidant glutathione
- 2** Improve fertility in both men and women
- 3** Helps with detoxification to prevent or diminish kidney & liver damage
- 4** Helps relieve symptoms of respiratory conditions
- 5** May improve mental health conditions and substance use disorder
- 6** Reduce heart disease risk by preventing oxidative damage



N-Acetyle L-Cysteine  
Vitamin C (As Ascorbic Acid)

Myo Inositol | D Chiro Inositol  
L Methyl Folate | Vitamin D3  
Melatonin

# PCOD *cure*



Helps regularize periods

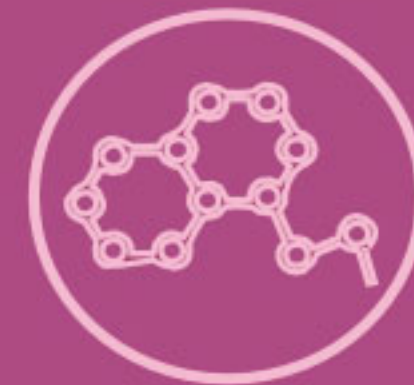


Helps manage acne, facial hair & period cramps

80% likely to reduce the size of cysts in ovaries



Reduce hormonal imbalance



# POST WORKOUT



## MUSCLE RECOVERY

The presence of Essential Amino Acids triggers metabolic processes which helps in smooth functioning and speedy recovery.



## ENERGY PRODUCTION

Essential Amino Acid consists of a blend of nine amino acids which provides stamina and increases the limit of body endurance



## PREVENTS MUSCLE SORENESS

Essential Amino Acid helps in muscle protein synthesis which helps in improving the fatigue and soreness of the muscles.

Taurine, Creatine, Glutamine Peptide, L-leucine, L-isoleucine, L-valine, Magnesium, Potassium

Vitamin C, Vitamin B3, Vitamin B6, Vitamin B5, Vitamin B2, Vitamin B1, Vitamin B12, CoQ10 & Caffeine  
Taurine, Creatine, Glutamine Peptide, L-leucine, L-isoleucine, L-valine, Magnesium, Potassium

Vitamin C, Vitamin B3, Vitamin B6, Vitamin B5, Vitamin B2, Vitamin B1, Vitamin B12 & CoQ10  
Taurine, caffeine, Vitamin C, Vitamin B3, Vitamin B6, Vitamin B2, Vitamin B1, Vitamin B12

Vitamin B5, Green tea extract, Ginseng Extract with & (20% Ginsenosides)  
Caffeine, L Theanine, Vitamin B6 & Vitamin B12



# PRE & PROBIOTIC

vitamins & mineral



Relief From  
Bloating & Gas



Improves  
Bowel Movements



Reduce Side effects  
of Antibiotics



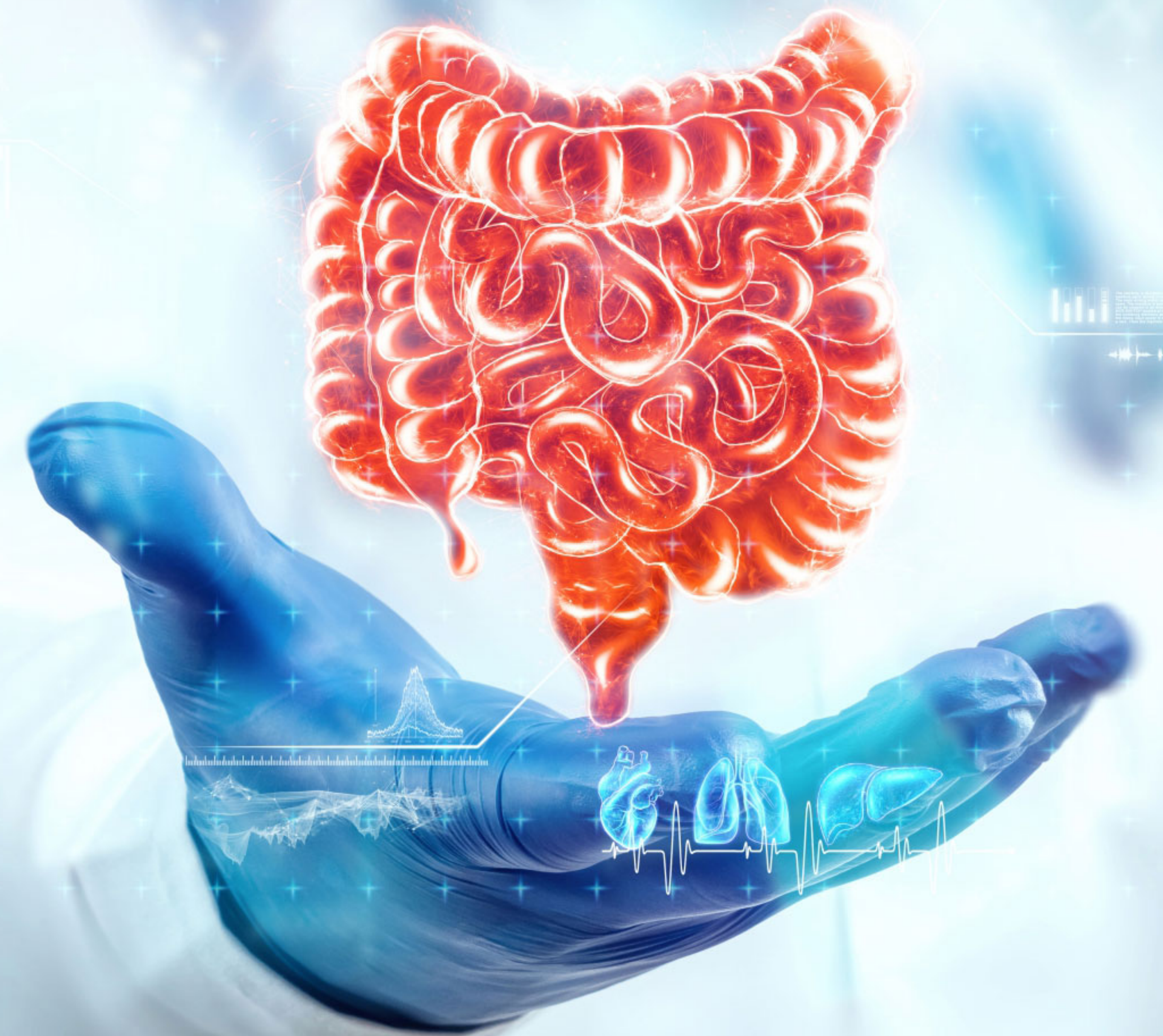
Reduce IBS  
Syndrome



Enhance  
Gut Barrier Function



Reduce  
Abdominal pain



## PROBIOTICS BLEND

Lactobacillus acidophilus  
Lactobacillus rhamnosus  
Lactobacillus fermentum  
Bifidobacterium longum  
Bifidobacterium bifidum  
Saccharomyces boulardii

## PREBIOTIC

Fructooligosaccharides  
**VITAMIN & MINERAL**  
Vitamin C  
Vitamin E  
Vitamin A  
Selenium



# PRE-WORKOUT

*L-Arginine & Caffeine*

High-Impact  
Workout 

Quickens  
Recovery 

Boosts  
Stamina 

Increases  
Strength 

Supports  
Muscle Repair 

L-Arginine | Zinc | Beet Root Extract | Amaranthure Extract ●

Green Coffee Bean Extract

L-Arginine | L-Carnitine | Green tea extract | Lycopene | Zinc ●

L-Arginine | L-Carnitine | Green tea extract ●

L-Carnitine | Green Tea Extract ●

L-Arginine | L-Carnitine | Co Enzyme Q10(10%) | Selenium | Zinc ●

L-Arginine | L-Carnitine | Zinc | Vitamin C | Lycopene ●

Taurine | Creatine | Beta-Alanine | L-leucine | L-Isoleucine | L-Valine ●

Beet root powder | CoQ10 | Calcium | Zinc ●





# SAMBUCAS

Pure Elderberry Extract	Eases Cold & Flu Symptoms
Boost Immunity	Anti Ageing Properties

Sambucus is a genus of flowering plants in the Adoxaceae family. The most common type, Sambucus Nigra is native to Europe but is also widely grown in other parts of the world as well. It grows up to 9 meters tall and bears bunches of white budding flowers & dark-blue, ripe Elderberries. Traditionally, Native Americans and Egyptians used Elderberry topically for a variety of needs. Its notoriety has since become widespread and Elderberry Sambucus is now a popular supplement in the United States and Europe as well.



Sambucus Nigra | Beta Glucan | Vitamin C | Zinc





# SKIN glow

Promotes Skin Glow &  
Radiance

Supports Anti Ageing

Powerful Antioxidant

Support Detoxification

Reduces Dark spots &  
Malanin Production

Gut Friendly



Support  
Anti Ageing



Promotes Skin  
Glow & Radiance



Reduce Darkspots  
& Malanin



Collagen Booster  
for Skin Elasticity

Vitamin C | Vitamin E | Vitamin A | Glutathione | Lutein  
Zeaxanthin | Pomegranate | Copper | Zinc  
Beetroot | Carrot Extract Standardized with carotene





# SKIN *shine*

- Powerful Antiaging Formula
- Helps To Improve Skin Tone, Texture & Complexion
- Helps To Improve Skin Elasticity
- Reduces Wrinkles
- Keep Skin Hydrate & Clean
- Reduces Acne And Dark Spots
- Improves Collagen Level
- Highly Palatable With Delicious Taste



# SKIN TONE

L-Glutathione Reduced | Vitamin C  
Vitamin A & Vitamin E



Support  
Anti Ageing



Promotes Skin  
Glow & Radiance



Reduce Darkspots  
& Melanin



Collagen Booster  
for Skin Elasticity

## L-Glutathione,

a potent antioxidant, fights free radicals & regulates melanin production, thus helps in reduction of pigmentation and supports skin brightening.





# sleep

Today, it's harder than ever to focus on a single task until its completion, given that we live busy, fast-paced lives brimming with distractions (and smart phone notifications).

Enhancing your memory, mental clarity, alertness, and reaction time. it supports your thinking skills, energy and speed of processing visual information, too

Getting A Good Nigh's Sleep Feels Great & Benefits Go Beyond this

-  IMPROVES CONCENTRATION
-  INCREASES PRODUCTIVITY
-  STRENGTHENS IMMUNITY
-  AVOID WEIGHT GAIN
-  LOWERS ANXIETY
-  PREVENTS HYPERTENSION



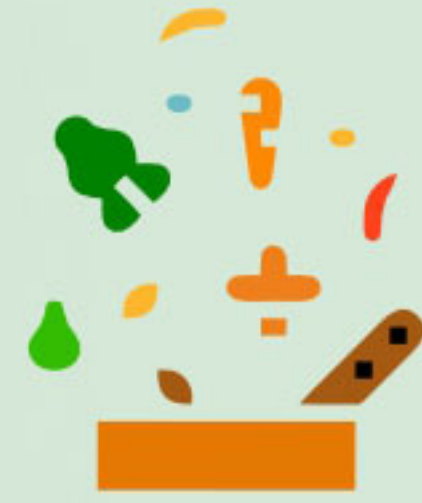
Melatonin | L Theanine

Green Tea Extract | Apple Cider Vinegar | Garcinia Cambogia Extract  
Green Coffee Bean Extract | Vitamin B12 | Vitamin B6 | Vitamin B9

# SLIMMING



Advanced  
Formula



Fat Control  
Ingredients



Delicious  
Taste

Slimming & faster inch-loss in belly, waist, thighs, arms & hips naturally is become easy to control and manage healthy weight.

If you are looking for...

Supports Fat Loss & Fuels Metabolism  
Improves Immune Function Increase  
Focus And Strength

Supports Weight Management  
Decreases Water Retention  
Keeps Weight In Control





# UTI Care

A natural sugar related to glucose, D-mannose is found in certain fruits & even in some of the cells in your body. As a supplement.

Just like cranberries, D-mannose may keep bacteria from sticking to your urinary tract lining and infecting you. In this case, scientists think that the bacteria latches on to the bacteria instead of your bladder.



Potassium Magnesium citrate  
Cranberry extract | D mannose | Vitamin B6



# VITAMIN C BOOSTER WITH ZINC

Amla Extract, Vitamin C and Zinc

- May reduce your risk of chronic disease
- May help manage high blood pressure
- May lower your risk of heart disease
- May reduce blood uric acid levels
- Helps prevent iron deficiency
- Boosts immunity




## For more info, ...

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YDS Lifescience is the exclusive manufacturing unit for exports and domestic tablets, oral liquid, capsules powder, effervescent formulation. We are capable enough and fully equipped to handle all the private label manufacturing or contract manufacturing services for both domestic and international markets. We are having state of art manufacturing facility and advanced technology equipment for manufacturing and have multiple options of packing to choose from.

